

Thunderbird Flyer

MARCH 2024



Principal's Message

Boozhoo Thunderbird families.

March is here and with it, all weather conditions. Be prepared for rain, snow and everything in between. Please send your child to school prepared for the conditions.

This month, we will be learning about respect. Respect is about treating others the way you would like to be treated. It is about treating others in ways that make them feel special, wanted and important. We will continue to spread kindness at school and throughout our community.

Wishing you all a great March break- relaxing and productive :) and a Happy Easter!

~Barbe

March Break- March 11-15

Easter Weekend- March 29 & April 1

Important Dates

- Mar. 1- Popcorn Sales
- Mar.4-8 - SPIRIT WEEK
- Mar.5- School Council Meeting @ 1:30
- Mar.7- IEPs sent home
- Mar. 7- Winter Fun Day
- Mar.8- Popcorn Sales
- Mar.11-15- MARCH BREAK
- Mar.22- Popcorn Sales
- Mar.29- April 1- EASTER WEEKEND

Mental Health Memo

NWO Be Well Passport

The Northwestern Ontario School Mental Health Team, has put together a compilation of for individuals, families, and educators to do, starting on Bell Let's Talk Day (January 24th, 2024) through the months leading up to Mental Health Week (May 6th, 2024-May 6th, 2024).

The NWO Be Well Passport takes participants on a wellness adventure within their communities, reminding them to consider a "whole person" perspective from the First Nations Mental Wellness Continuum Framework, including aspects of Spiritual, Emotional, Mental, and Physical wellness.

Take part in the activities/events and digitally "stamp" each activity you complete (paper copies will also be made available to all students).

How to participate:

1. Students can join their classmates and family and take part in the activities throughout their passport. Check off each activity when completed!
2. As they complete each passport stop, send a photo or description of their participation to NWOBeWell@gmail.com. Each stop will enter them into a draw to win some amazing prizes!
3. Don't forget to include their name and which school board and community they belong to.
4. Be sure to tag @NWOBEWELL and #NWOBEWELL to share the fun on social media!

Click on the link or scan the QR code to access a digital passport: <https://www.nwobewell.ca/>



For more information, please contact the RRDSB Mental Health Leader, tracy.idle@rrdsb.com

Spirit Week

Monday March 4- Mustache Monday
(mustaches provided)

Tues March 5- Dress like an old person

Wed March 6- Wear your favourite colour

Thurs March 7-Silly Sock Day

Friday March 8- Pajama Day

Monday



Tuesday

Wednesday



Thursday

Friday



Popcorn Fridays

Popcorn sales
every Friday.

\$2.00/ bag

Proceeds go to
support end of the
year student
activities.



IEP

IEPs will be sent home
March 7. Please check
student's backpacks.



ASK YOUR STUDENTS ABOUT THEIR DAY AT SCHOOL

Often students are tired when they get home from having a fun-filled learning day at school. Below are five ways to start a conversation with your students about their day.

1. Tell me something you learned at school today
2. What is your favourite thing to do at recess?
3. What is the best thing that happened at school today?
4. Rate your day on a scale from 1 to 10
5. What are you looking forward to tomorrow?

Join us on Facebook